OSARA HEALTH | MetLife

CANCER COACH

Personalized support through every stage of *your* cancer journey.



Cancer Coach is a confidential, evidence-based program designed to help people with cancer feel more in control, confident and supported through every stage.

Now being piloted across MetLife Accounts

HOW CANCER COACH CAN HELP

Personalized support
One-on-one coaching tailored to your needs and goals.

Emotional wellbeing
Navigate stress, anxiety and the emotional impact of cancer.

Guidance and clarity
Make informed decisions and feel more in control.

Work and life support
Plan your return to work and manage everyday challenges.

Life after cancer
Build confidence, purpose and a "new normal."

YOU'RE NOT ALONE.
Cancer Coach combines expert coaching, practical tools and evidence-based strategies to help you move forward with confidence.

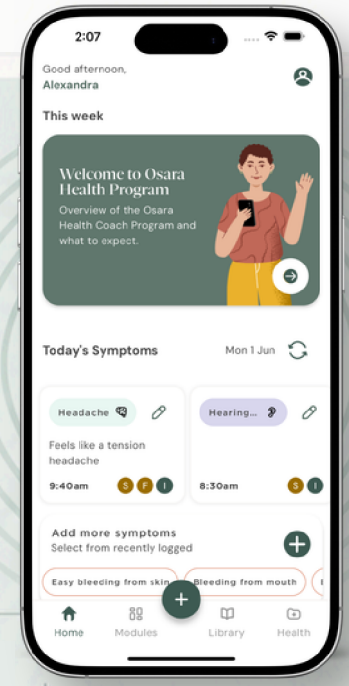
Confidential and secure

Your privacy is always our priority.

NEW FOR 2026

Now with survivorship support

Support beyond treatment. Through every stage.



Interested in bringing Osara Health to your organization? Speak with your MetLife Account Executive.

osarahealth.com