Mellie



The Impact of Caregiving Support on Leave

Wednesday August 6, 2025 @ 11:35 am - 12:00 pm EST

Julie Stone

Advisor, Former Managing Director of Health & Benefits, WTW

Beth Barrett

Associate Director of Benefits, Teva Pharmaceuticals



Caregiving Impact on Employers

- → Overview of the caregiving crisis in the US
- → The urgency for employers to take action
- → Best practices for supporting caregivers
- → Measuring impact & making the business case



Caregiving Impact on Employers

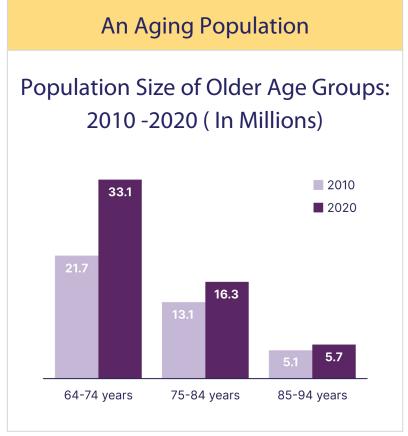
11

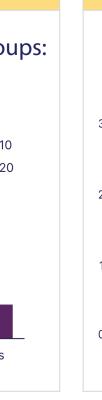
You have either been a caregiver, you are a caregiver, you will be a caregiver, or someone will care for you.

Rosalynn Carter

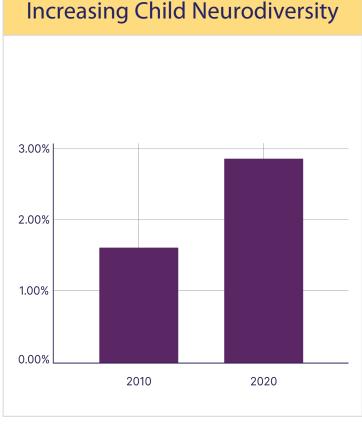


Understanding the Caregiving Crisis





US Census 2020



CDC 2020 -**Autism Diagnoses**

Lack of Caregivers & Housing

- **20%** of Paid Caregivers Quit/Left during Covid
- **54M** Unpaid Family Caregivers (1 in 5 Americans)
- **61%** of Caregivers are working
- → Senior-Living Shortage of 550K units by **2030**
- → **63**% Nursing Home patients are on Medicaid

Various Sources (AARP, NicMap, KFF),

Understanding the Caregiving Crisis

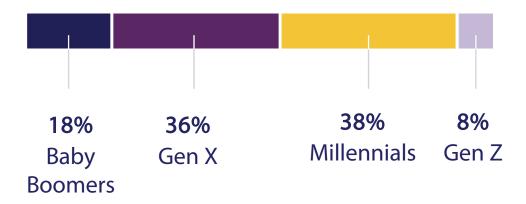




33%
of US employees
are family Caregivers¹

61%
of family caregivers
are women¹

Age Distribution of Caregivers



48 years: Avg. Age of Caring for Parents¹

39 years: Avg. Age of Caring for Special Needs¹

Business Impact

How Caregiving Impacts Employees per 2023 MetLife Study:

- → 11% productivity impact²
- → On average, **6.6 days** absent annually²
- → 20% of caregivers take leave or reduce hours²
- → 16% of caregivers quit / 13% change employers⁸

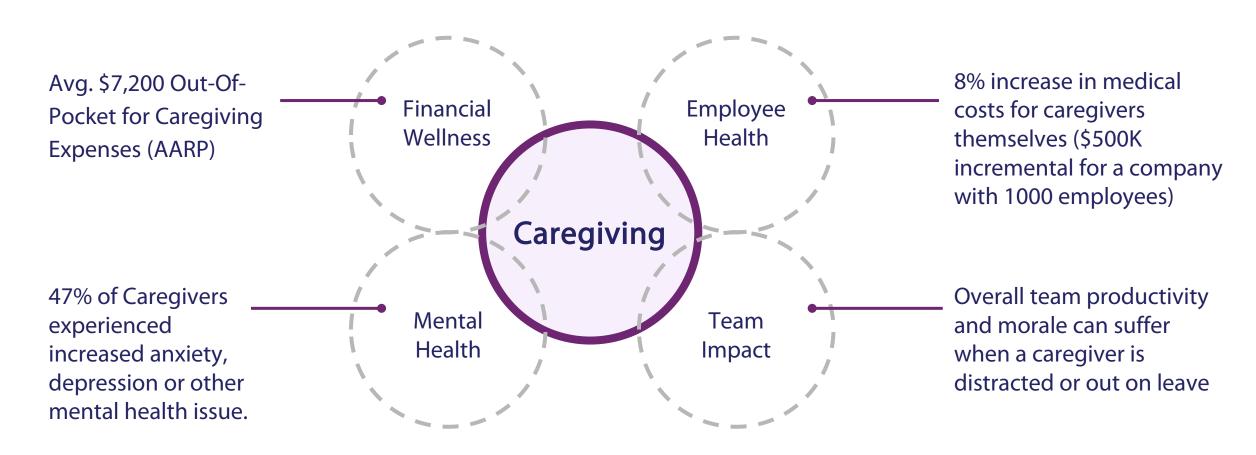
Caregiving is costly to employers:

Cost to US employers annually: \$33.6 Billion³



A Multi-Dimensional Challenge

In addition to Leave of Absence, Productivity, Absenteeism & Turnover....



teva Pharmaceuticals

- → Multinational Pharmaceutical company
- → Largest generic drug manufacturer in the world
- → 36,000 Employees worldwide
- → 5,000 US Employees
- → "Caring" is a top company value
- → Caring is part of the customer-facing brand



teva Pharmaceuticals



teva A Look at Teva's Approach

Teva has been caring for patients for over 100 years and we care for employees in the same way

Building a Culture of Care:

- → Paid caregiver leave in addition to PTO
- → Job sharing & flexible work arrangements
- → General webinars & education
- → Customer-facing support

Global Support Program: Circles of Care

- → Peer support group for caregivers
- → Mellie: Employee Caregiver Support Solution
 - EAP & Leave education & cross-referrals
- → Targeted webinars & education expert speakers

What To Look For In A Caregiving Solution

Emphasis on Caregiver Well-Being

Care Management specialists and resources are designed to assist working professionals who are caregivers.

Individual 1:1 Care Managers

Skilled 1:1 Care Management experts are accessible at all times to offer proactive assistance, helping employees manage their caregiving duties while maintaining their work responsibilities.

User-Friendly Care Platform

A straightforward mobile platform and care hub is available around the clock, allowing employees to collaborate with their entire family and care support team.

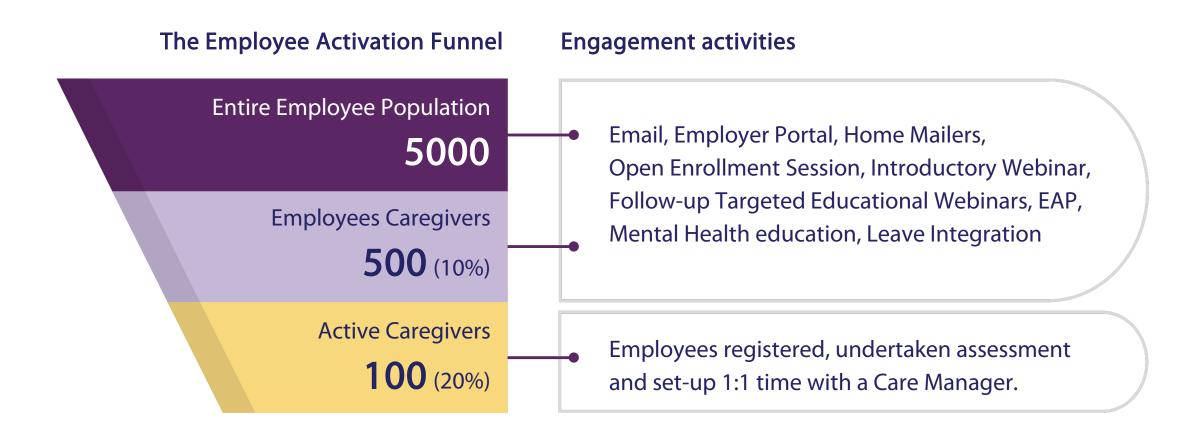
Corporate Support and Resources

Comprehensive resources are provided to initiate the program, boost engagement, and strengthen internal initiatives like Employee Resource Groups (ERGs) and affinity groups.



teva Success with A Caregiving Solution

Within the first 9 months of deploying a caregiving solution



Caregiving Solution Impacts

8 - 14%	Positive impact to Leave
3 - 5%	Reduction in caregiver Attrition
8 - 10%	Reduction in caregiver Absenteeism
10 - 15%	Increase in caregiver Productivity

Avg. Annual Savings 1000 Employee Company

\$500,000

Measuring the Impact

Key Data Points:

- → Employee surveys to understand the need
- → Track caregiving within leave data
- → Monitor attrition related to caregiving

Get a Cost Impact Analysis:

→ Mellie will provide a free cost impact analysis www.mellie.com/financial-impact/



Keys to Success - Implementing Caregiving Programs

Executive Sponsorship:

Leadership needs to communicate that caregiving is a priority

Clear Communication Channels:

Dedicated caregiving resources accessible directly & through leave process

Accessible Benefits Information:

- → Caregiving section on company benefits website
- → Curated content with caregiving resources & actionable recommendations

Mellie

Thank You For Listening.

Come Visit Us: Booth #508



www.mellie.com

References & Resources

- 1. <u>The Caring Company</u>, Harvard Business School, Managing the Future of Work, How employers can help employees manage their caregiving responsibilities—while reducing costs and increasing productivity, 2019
- 2. <u>Invisible Overtime</u>, What Employers Need to Know about Caregivers, Rosalyn Carter Institute & Tufts Medical Center, Program on Health, Work and Productivity, 2022
- 3. <u>Caregiving-Related Work Productivity Loss among Employed Family and other Unpaid Caregivers of Older Adults</u>, NIH 2023
- 4. Workplace Wellbeing and Company Performance, University of Oxford Wellbeing Research, 2024
- 5. <u>Healthy Outcomes, How employers' support for employees with caregiving responsibilities can benefit the organization,</u>
 Harvard Business School, 2024
- 6. <u>Caregiving in America</u>, <u>Guardian's 12th Annual Workplace Benefits Study</u>, Standing Up and Stepping In, A Modern Look at Caregivers in the US
- 7. Working While Caregiving, It's Complicated, S&P Global & AARP, 2024
- 8. <u>Caregiving in the United States</u>, AARP & National Alliance for Caregiving, 2020